

Bio on speakers

Nancy Alt and Brian McGuire

Nancy has been using her Masters in Teaching degree and her love of swimming in instructing and coaching for the past 3 years. Nancy is part owner of McGuire Aquatic Club and has been instrumental in growing the club from a summer recreational program to a year round USA swim team. She is actively involved in SwimAmerica Conferences and the American Swim Coaches Association learn-to-swim clinics and continuously uses the latest information on teaching both children and adults.

Brian has been coaching swimming for the past 18 years. He is a 3-time winner of the NIC-10 Swimming Coach of the Year award. Currently, he is the girls head coach at Hononegah High School and the boys head coach at Boylan High School. Before starting McGuire Aquatic Club, Brian coached the Woodstock Dolphins and successfully grew their team from 80 to over 250 swimmers. As coach of the Beloit Aquatic Team, Brian was one of the youngest head coaches ever in the State of Wisconsin.

Together, Nancy and Brian have spoken at the 2006 and 2007 American Swim Coaches Association World Clinics in Washington, D.C. and San Diego, CA. During the past year they have recorded a number of podcasts for ASCA. Brian and Nancy spent a week long evaluation of a SwimAmerica Program in Singapore and this fall they will be presenting in Mexico at the Aquatics Congress of Mexico. They represented the national office of SwimAmerica in the signing of the proclamation for the Make-A-Splash Foundation, a non-for-profit organization dedicated to promoting swimming for disadvantaged youth.

Per Irgens

Per has been a learn-to-swim instructor since 1959. He got his Masters degree in sports in 1977. He was national swim coach for the Norwegian Swimming Federation from 1984 to 1989. He ran his own swimschool from 1999 to 2003. Per has also been studying a lot of international swimschools in California, Germany, France and England. He is the co-author of "Slik lærer du å svømme", the official book on elementary swimming teaching in the Norwegian Swimming Federation. This year he is also the co-author of "Veien mot svømmedyktighet", the 40hr lesson plan for school swimming.

Hanne-Guri Arnesen

Since 2005 Hanne-Guri has been Bergens Svømme Club's administrative coordinator for the total range of swimming courses and responsible for an integration project for multicultural women and children since 2006.

She graduated in 1992 with a master's degree in Management and Economic analysis from the Norwegian School of Business and Administration. She has since worked as an economic analyst with various research institutes and universities.

The interest for sports and especially swimming came from her daughter's participation in BSC.

Audhild Køhl

Audhild works as a school teacher. She also does a lot of instruction work with her local club in Elverum. She has many years experience as an instructor, but also as an educator for new instructors. Recently she has spent much time on educating new instructors for the disabled.

Trude Halvorsen

Trude has been working for 30 years with people with different disabilities. She is currently working with people with a behavioural diagnosis; AD/HD, Asberger, developmental disabilities. She has many years experience as an instructor for babyswimming, waterobics, and aquatic activities for the disabled, and she is the co-author of “Fra lek i vann til svømming”, describing learn to swim-programs for the disabled.

Per-Ludvik Kjendlie

Per-Ludvik Kjendlie (36) has been a swimming instructor and coach since the age of 15. His experience spans from the club to national team level, and has spent several years as a National Junior team head coach and handicapped national team technique coach. After working as the technical director of the Norwegian Swimming Federation, he started an academic career at the Norwegian School of Sport Sciences with master and PhD studies in swimming, physiology and biomechanics. The PhD title was “The swimming Child: Working Economy” (2004). Recently Per-Ludvik conducted research on swimming teaching and flotation aids. Currently he is working as professor II in aquatic activities at the Department of Physical Performance, Norwegian School of Sport Sciences, and as associate professor of sport science at the Vestfold University College. Per-Ludvik Kjendlie is a co-chairman of the 11th International symposium for Biomechanics and Medicine in Swimming, Oslo 2010.

Arve Vorland Pedersen

Arve holds a position as Associate Professor with the Physiotherapy Programme at Sør-Trøndelag University College, where he teaches Human Movement Science. He is currently also teaching Motor Behaviour at the Human Movement Science Programme at the Norwegian University of Science and Technology, and has been guest lecturing on such topics at several Universities and University Colleges within and outside Norway. Arve has published papers and book chapters on various topics within Human Movement Science and Physiotherapy, titles including: “Motor Control”, “Motor Skill Development in Children”, “What is Skill?”, “Physical Activity, Physical Fitness and Motor Skills in Children”. He has co-authored a book on children’s motor development and motor skill learning with Professor Hermundur Sigmundsson.

Marius Bergan

Marius has a Bachelors degree in sports and physical education. He works on a daily basis at Elverum folkehøgskule with their snowboard group. He has also worked as lecturer in gymnastics at the Hedmark University College.

Marius has done a lot of educational work for children, youth and team gymnastics for the Norwegian Gymnastic Federation, and has also worked as a gymnastics coach for 20 years.